The Global Burden of Low Back Pain

1. Low back pain (LBP) is the leading cause of disability worldwide, according to the Global Burden of Disease (GBD) Study. In 2017, it was estimated that LBP caused 7.5 million disability-adjusted life-years (DALYs) globally, making it one of the leading causes of disability worldwide.

2. Low back pain is often associated with conditions such as spondyloarthropathies, which can cause significant pain and disability.

3. The Global Burden of Disease Study 2017 estimated that low back pain cost the global economy $1 trillion in direct and indirect costs in 2016.

4. Low back pain is the second most common cause of work disability in high-income countries, behind only musculoskeletal conditions.

5. Low back pain is often the result of chronic overuse or strain, which can lead to long-term disability and cost for both individuals and society.

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BIO-PSYCHO-SOCIAL

IASP brings together scientists, clinicians, healthcare providers, and policymakers to stimulate and support the study of pain and translate that knowledge into improved pain relief worldwide.
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CONFLICT OF INTEREST STATEMENT

The authors have no conflicts of interest to declare.

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